FORM 4

## **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

**OMB APPROVAL** 3235-0287 Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person*     Sabens Andrea						2. Issuer Name and Ticker or Trading Symbol Lantheus Holdings, Inc. [ LNTH ]									k all app Direc	licable) tor	•	rson(s) to Is	vner
(Last)	(Fir	st) (M		3. Date of Earliest Transaction (Month/Day/Year) 04/17/2023								X	belov	Officer (give title Other (special below)  Chief Accounting Officer					
201 BURLINGTON ROAD, SOUTH BLDG					4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Indi Line)	-,					
(Street) BEDFORD MA 01730															X Form filed by One Reporting Person  Form filed by More than One Reporting  Person				
(City) (State) (Zip)				Rule 10b5-1(c) Transaction Indication  Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.															
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																			
1. Title of Security (Instr. 3)  2. Transac Date (Month/Date)						Exec if any	2A. Deemed Execution Date, if any (Month/Day/Year)					es Acquired (A) Of (D) (Instr. 3,				ties cially Following	Forn (D) o	n: Direct or Indirect nstr. 4)	7. Nature of Indirect Beneficial Ownership
									Code	v	Amount	(A) or (D) Pr		ice	Transa	Reported Transaction(s) (Instr. 3 and 4)			(Instr. 4)
Common Stock 04/17/2						2023					386	Г	\$	88.67	6	1,904		D	
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)  2. Conversion or Exercise Price of Derivative Security		3. Transaction Date (Month/Day/Year)	if any	emed ion Date, /Day/Year)		Transaction Code (Instr.		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		Exercion Da /Day/Y	(ear)	7. Title and Amount of Securities Underlying Derivative Security (Inst 3 and 4)		tr.	Price of rivative curity str. 5)		y Ov Fo Dii or (I)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)	Date Exercis	able	Expiration Date	Title	of Share	s					

## **Explanation of Responses:**

1. The transaction reported in this Form 4 was effected pursuant to a Rule 10b5-1 trading plan adopted by the reporting person on May 13, 2022.

/s/ Daniel M. Niedzwiecki, attorney-in-fact

04/19/2023

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.